

# Finding My Way Forward

## For women experiencing domestic family abuse

Practical specialist help is being offered for women and families who are currently living with, or have experienced domestic family abuse in their life.

### Help is offered in three ways:

- Strength based, client centred, individual case management with a highly qualified and experienced case worker.
- A 6 week therapeutic, educational, structured workshop where women can gain knowledge and understanding in a friendly, safe environment and begin to heal and be empowered to move forward.
- Monthly support group meetings for those who have completed the workshop and where women can feel supported and empowered. The group is facilitated by an experienced counsellor.





There is no cost for any of the services provided and there is free child minding available to ensure all participants obtain the maximum benefit

The Kogarah Storehouse is centrally located in Kogarah with public transport close by. Kogarah train station and buses are only a 6 minute walk away.

Please contact us for more information.

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**GEORGES RIVER**  
COUNCIL



**Big Sister**  
FOUNDATION  
... a helping hand



**uniting  
church**



Sharing God's love with our local community

Contact us by email at:  
[enquiries@kogarahstorehouse.org.au](mailto:enquiries@kogarahstorehouse.org.au)  
or by phone: (02) 9587 5761

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The Kogarah Storehouse  
is located on the corner of  
Kensington & Gray Streets Kogarah